June 19th, 2024

Subject: Celebration of International Yoga Day at STEM School in Association with Decathlon

Dear Parents of Grades 7th to 10th,

We are excited to announce the celebration of International Yoga Day at STEM School, in collaboration with Decathlon.

Event Details:

- **Date: June 21st 2024, (Friday)**
- **Venue: STEM Auditorium**

Attire Requirement:

To fully participate in the yoga sessions and workshops, we kindly request that all students wear:

- **White track pants**
- **White T-shirts**
- **Please bring your own yoga mats if possible**

Programme Highlights:

International Yoga Day is a global event celebrated to emphasize the importance of yoga for health and well-being. Our event will include:

- Guided yoga sessions suitable for all levels.
- Workshops focusing on yoga techniques and benefits.
- Demonstrations by yoga instructors

This event aims to promote physical, mental, and spiritual wellness among our school community. We encourage all students to participate actively and experience the benefits of yoga firsthand.

Please come prepared in the specified attire and bring your yoga mats to fully enjoy this day of health and mindfulness at STEM School.

Warm regards,
STEM SCHOOL.